



State of Kuwait
Ministry of Education

Modified

Target English

Workbook

Grade
8



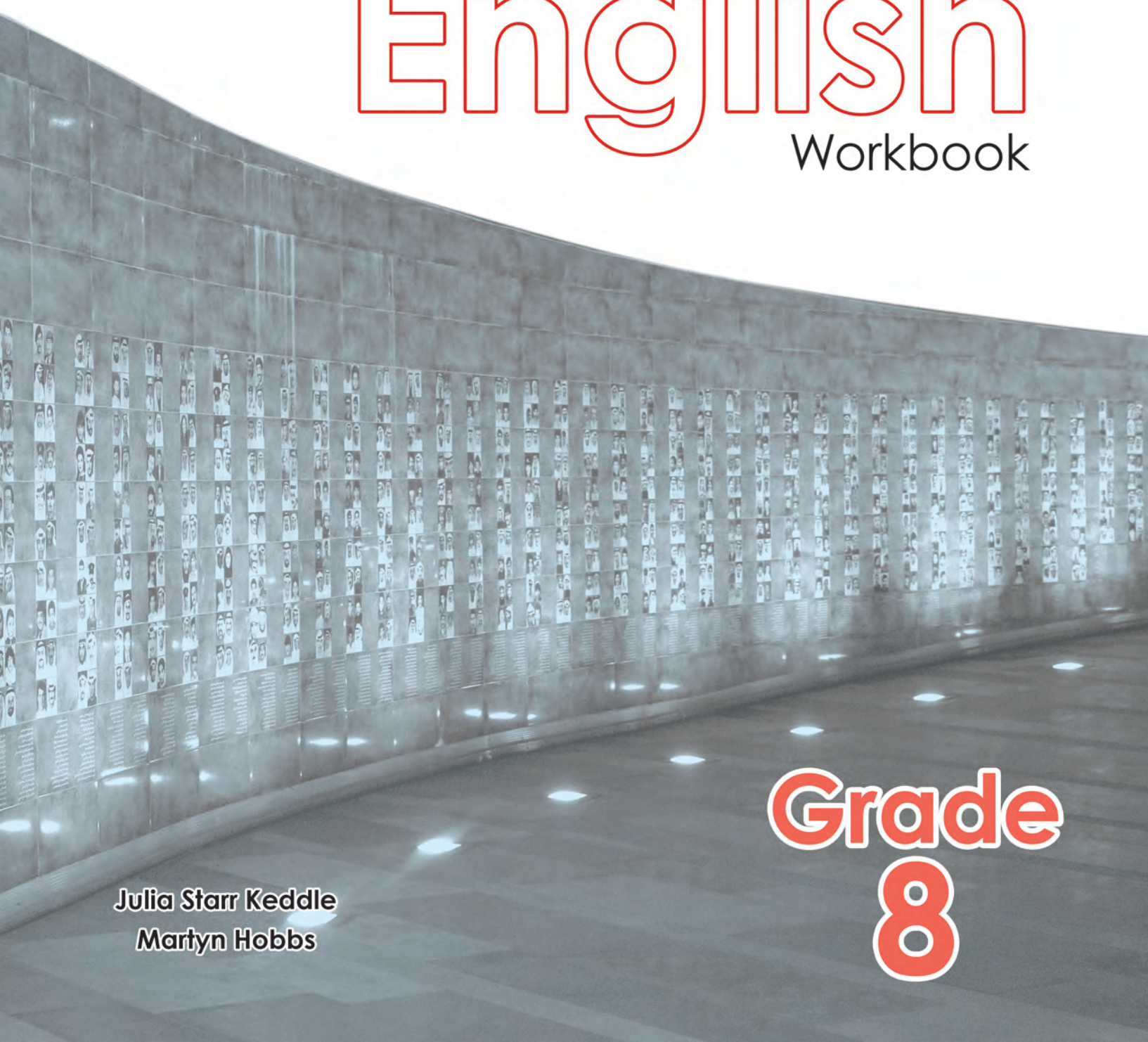
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Julia Starr Keddle
Martyn Hobbs

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



H.H. Sheikh Sabah Al-Ahmad Al-Jaber Al-Sabah
The Amir of the State of Kuwait



H.H. Sheikh Nawaf Al-Ahmad Al-Jaber Al-Sabah
The Crown Prince of the State of Kuwait

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1

Healthy Living

Module 1

1 Match the descriptions of the sports with the pictures. Write the names of the sports.

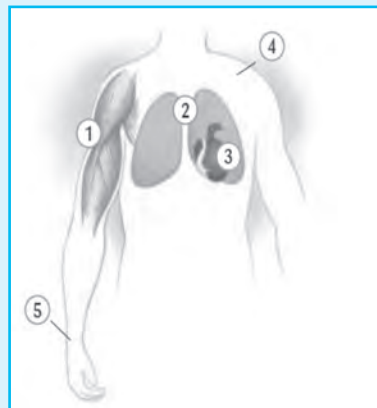
1. You throw a long, thin object as far as possible.
2. You run very fast for a short distance.
3. You play this game in a team and throw the ball into a basket.
4. You use a machine with pedals.
5. You have to jump very high.
6. You put special shoes on your feet. Then you can move fast on ice.



2 Label the picture with these words.

shoulder / lungs / wrist / heart / muscles

1.
2.
3.
4.
5.



3 Complete the advice with an -ing form or an infinitive.

1. It is important
2. is good for you.
3. It's easy
4. can damage your health.
5. helps you learn better.

4 Write two sentences about two different people.

	Favourite Activity	How often	Today
Ibrahim	Football	twice a week	football practice
Hanan	Drawing	every weekend	a portrait
Hamad	Chess	every evening	read a book about a chess
Rashed	Tennis	once a week	a game with a friend

- Ibrahim plays football twice a week.
- Today he is practising football.

.....

.....

.....

.....

.....

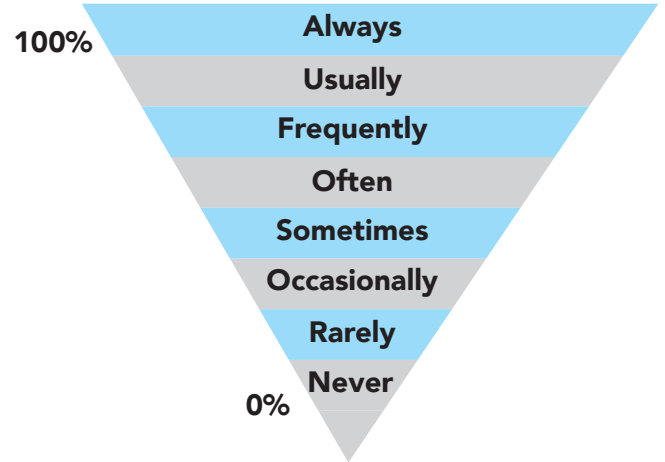
.....

.....

6 Follow the instructions.

1. My brother (walk) to school every day. **(Correct the verb)**
.....
2. He is listening to music at the moment. **(Make negative)**
.....
3. Omar goes camping during his holidays. **(Make negative)**
.....
4. My friends travel to Italy every year. **(Ask a question)**
.....
5. The students are working on the science project now. **(Ask a question)**
.....

5 Use some of the adverbs of frequency to write sentences about one of your friends. Can the rest of the class guess who he/she is?



He / she always smiles.

1.
2.
3.
4.
5.
6.

2

Life Events

Module 1

- Past participles of regular verbs:
play + ed = played
- Use **the present perfect** to talk about experiences when you don't say exactly when they happened:
 - I have visited Europe.
 - I haven't visited Europe.
 - Have you visited Europe?

1 Complete the sentences with the present perfect of these verbs. (✓ = positive; ✗ = negative)

visit speak fly sleep give

1. Jamal *has slept* in a tent. ✓
2. We the museum in our town. ✓
- 3 They to Spain. ✗
- 4 I money to charity. ✓
- 5 He to a famous person. ✗

2 Form questions using the words between brackets. Use the present perfect.

A: *Have you received* (you/ receive) the letter?

B: No, I haven't.

A: Where (you/be) so long?

B: At work.

A: (she/pass) the exam?

B: Yes, she has.

A: What
(your brother/ do) with his car?

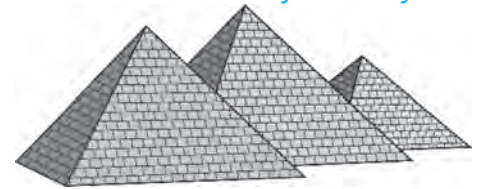
B: He sold it.

3 Look at the pictures. Start a conversation with the present perfect. Then continue with the past simple.

1. See the Pyramids?

- *Have you ever seen the Pyramids?*

- *Yes, I have. I was on holiday with my family.*



2. act in a movie?

.....
.....
.....



3. eat Chinese food?

.....
.....
.....



4. have an injection?

.....
.....
.....



5. ride a camel?

.....
.....
.....



4 You are a journalist interviewing a famous actor visiting Kuwait. Ask him/her about the places he/ she has been to and the things he/she has seen and done.

You: Thank you for letting me interview you today. I know how busy you are.

Actor: It's my pleasure.

You:

Actor:

.....

.....

.....

.....

5 Combine the following sentences using the words between brackets.

1. Ali joined a sports club. He wants to improve his skills. (so that)

.....

2. My father went to the travel agency. He wanted to book a flight. (in order to)

.....

3. My sister travelled to the UK. She wanted to practise speaking English. (so that)

.....

4. Ghanim Almuftah created his Instagram account. He wanted to inspire other people. (to)

.....

6 Complete the following text. Use the present perfect or the past simple.

Mary (apply) for her passport last month. Soon, she will be leaving on a trip that she (dream) about for many years. She (hear) about many exciting vacations over the years from her boss, Liza.

Liza, (go) to Japan, Kenya, Alaska, France and Russia last year. Mary (only see) these exciting places in photos! After looking at her boss' travel pictures, Mary (decide) to take a trip of her own.



3

How We Live

Module 1

Self-Assessment

Use the present perfect to talk about actions and situations that started in the past and continue up to the present.
 - *They have lived* in that house for three years.

- Use **for** with:
fifteen minutes, a day, a month, a year, etc.

I have been here *for two years*.

- Use **since** with a specific date, time or event. (yesterday, last week, Monday, April, breakfast, etc.)

He has lived there *since 2004*.

2 Complete the sentences. Use for, since and the present perfect.

1. I've **been** (be) in this room for half an hour.
2. We (not have) any food breakfast.
3. A: 'How long you (be) here?'
B: 'I (be) here two hours.'
4. Badria (not spend) much money last week.
5. Bader (have) a headache this morning.

1 Write sentences based on these photos. Add since or for.



1. I've been in the classroom for an hour.
2. My sister has had
3.
4.

3 Write sentences about you and your family talking about things you have already done. Also include things you haven't done yet and hope to do in the near future.

e.g. We have visited Paris, but we haven't been to Australia. I am looking forward to it.

.....

.....

.....

.....

.....

.....

.....

4 Write sentences about things you can or cannot do.

Use (so...that) or (too... to) to talk about the things you cannot do.

Can	Cannot
<ul style="list-style-type: none"> I can ride a skateboard. 	<ul style="list-style-type: none"> I cannot play football. I'm too slow to play football well.
.....
.....
.....
.....
.....
.....
.....
.....
.....

- Compare your list with your partner.
- Tell your partner how to do the things he/she cannot do.

4 Complete the following crossword puzzle.

Across:

2 Money that is paid or received for work or services.

4 Extremely angry.

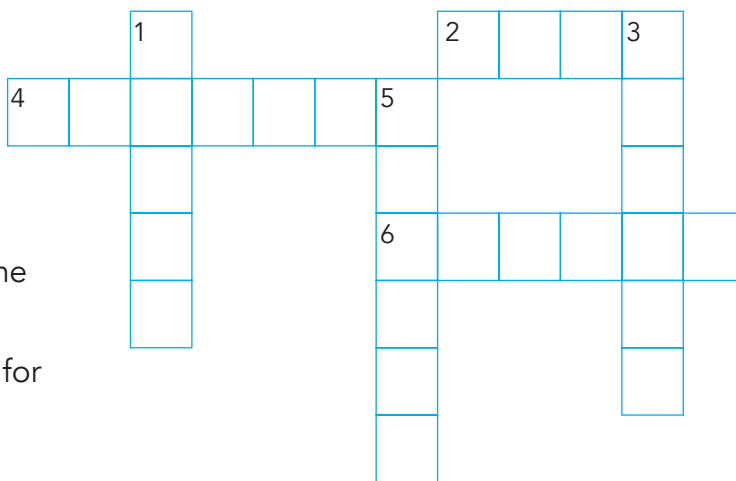
6 To breathe air into your lungs.

Down:

1 A large group of people who have come together.

3 Give work to (someone) and pay them for it.

5 Unwilling to spend money.



4

The Unforgettable Past

Module 2

1 Complete the following sentences with the correct words from the list.

astonished heritage wounds throughout hardships securely

1. Ibn Battuta started exploring the world from an early age and continued to travel his life.
2. Many countries are facing serious economic
3. Vitamin C protects us from bacteria and helps heal faster.
4. The passengers' seatbelts should be fastened.
5. We were to hear that our favourite football team won the championship.

2 Form questions and answers in the past simple tense.

- | | |
|---|--|
| 1. Why – you – absent – last week?
<i>Why were you absent last week?</i> | I – have – a flu
<i>I had a flu.</i> |
| 2. What – he – decide – do?
.....
..... | he – decide – quit – his job
.....
..... |
| 3. Where – they – spend – the national holiday?
.....
..... | they – travel – Europe
.....
..... |

3 Rewrite the following sentences in the passive voice.

1. The president made an important speech.
.....
2. Some children rang the doorbell.
.....
3. Noura wrote an interesting story.
.....
4. My friend took some photos.
.....

4 Complete the following sentences with the correct form of the verbs.

e.g. While I *was reading* (read) a book, I *fell* (fall) asleep.

1. She (wait) for the bus when the accident(happen).
2. I was shopping in Italy when I (see) a famous actress.
3. We heard a strange noise while we (attend) the meeting.
4. When the dust storm (start), the football team (train) for the match.

5 Look at the pictures and write sentences. Use (while/ when) and the past continuous.

1. The garbage collector/ empty the bins/ find some new born kittens
The garbage collector was emptying the bins when he found some newborn kittens.



2. He/ water the flowers in the garden/ start to rain

.....
.....



3. She/ chop fruits/ cut her finger

.....
.....



4. Diver/ explore the bottom of the sea/ see strange sea animals

.....
.....



6 Complete the following text. Use the passive voice.

In the past, there weren't laws against smoking in public places. People (expose) to cigarettes smoke in stores, restaurants and on buses. In addition, cigarettes(advertise) everywhere. People (encourage) to smoke because it (consider) a glamorous thing. Nowadays, everybody is aware of the fatal diseases caused by smoking. Children (teach) about the dangers of smoking, and they (protect) from exposure to smoke. Smoking (not permit) in most public places. Cigarettes ads (not see) in magazines or on TV.



5

Incredible Places

Module 2

1 Write the name of the geographical features.

1. A large landform made of rocks and minerals that is taller than the surrounding land.

Mountain

2. A green spot in the desert where you can find shelter and water.

O

3. Water that flows from one place to another.

R

4. An area filled with water that is surrounded by land.

L

2 Describe a country you have visited to your partner. Can he/ she identify it?

1. It is in the Arabian Gulf, east of Saudi Arabia. Its currency is the dinar. Arabic and English are commonly spoken there. **Kuwait**

2.
.....

3.
.....

4.
.....

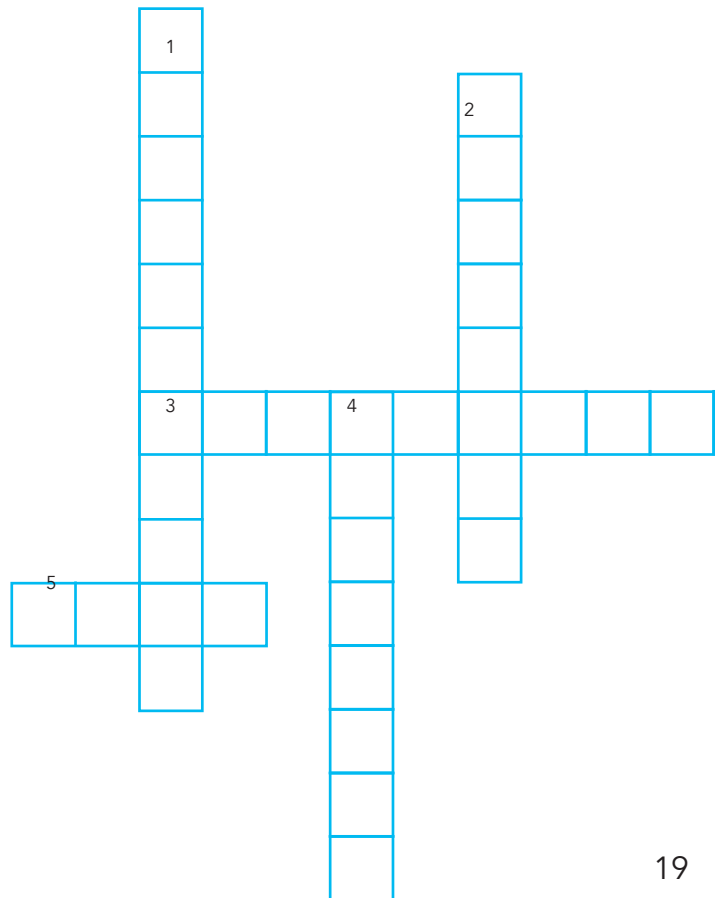
3 Complete the crossword puzzle.

Down

1. Where you are going.
2. A feeling of satisfaction and enjoyment.
4. Something that is not what it seems to be.

Across

3. An object, building or work of art from ancient time.
5. To shine or give out a steady light.



4 Complete the sentences with the comparative or superlative forms of the adjectives.

1. I think that Science is Geography. (difficult)
2. Your computer is my computer. (good)
3. This answer is one. (clever)
4. Khalid is member in the family. (young)
5. My dad's new car is his old one. (fast)

5 Complete the dialogue with comparatives and superlatives.

A: What is the place you've ever been to? (interesting)

B: I've ever been to is

A: What about (tall) building you've ever visited?

B: I've ever visited is

A: Which fruit do you think has a (strong) smell, bananas or mangoes?

B: I think have

A: (health food)?

B:

A: (amazing holiday)?

B:

6 Complete each sentence to mean the same as the one above it.

Saudi Arabia is bigger than Egypt.

Egypt isn't as big as Saudi Arabia

1. Aeroplanes go faster than trains.

Trains don't go

2. We're both very hungry.

I'm you are.

3. My watch is old. Your watch is newer.

My watch isn't yours.

4. Both stories were interesting.

The first story was the second one.

• Use as... as... to say two things are the same.

Today is as hot as yesterday.

• Use not as... as... to say two things are different.

London is not as big as Mexico City.

6

Surprising Records

Module 2

1 a. Write the correct word for each definition, then work out the hidden word.

1. Experiencing a strong feeling of excitement
2. A plan for carrying out a process or procedure
3. To give (money or goods) for a good cause, for example to a charity

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b. Use the four words in the puzzle in sentences of your own.

1.
2.
3.
4.

2 Rewrite the following sentences. Use the question tags in the simple past.

1. Mr. Adam – (write) – the homework - on the board
 Mr. Adam wrote the homework on the board, didn't he?
2. Alia – (go) – with her friends – to the cinema

3. Robert Pershing Wadlow – (be) – the tallest man – ever lived

4. Fahad – (not know) – the assignment – is - due – tomorrow

Self - assessment

3 Write sentences with a question tag in the simple past for the following situations, then complete the conversations.

1. (Buying a new school uniform.)

A: *My mother didn't buy me a new school uniform, did she?*

B: *No, she was busy.*

2. (Being ready for the football match.)

A: The players

B: Yes, they trained very well.

3. (Not getting an invitation for the show.)

A: We

B:

4. (Not being on time for the meeting.)

A:

B:

4 Write sentences to describe the following pictures. Use a minimum of three adjectives in the correct order for each description.

1.
.....



2.
.....



3.
.....



4.
.....



7

Ideas and Thoughts

Module 3

1 Complete the sentences.

1. This is an old car; however
2. Ted can play the piano very well although
3. She bought that sweater although
4. although they were too late.
5. Sally was sick; however,

2 Fill in the spaces with words from the circle.

1. Soldiers their country.
2. My father doesn't me to stay out late.
3. We work hard to our dreams.
4. Some teenagers are with videogames.
5. Smoking is a bad



- Use the present continuous to talk about future plans and arrangements.
- Use the present continuous with time expressions such as, *tonight, tomorrow, next week*, .. etc.

I'm playing football tomorrow afternoon.

NEXT WEEK

3 Complete the following paragraph using the present continuous.

Next week is a holiday and I have lots of things to do! On Monday, I
..... (meet) my friends and we (go) to the cinema.
On Tuesday, I (visit) my grandparents. On Wednesday, I
..... (play) tennis with my older brother. On Thursday, my parents
..... (take) me to the dentist. At the weekend, we
..... (travel) to Dubai. What a wonderful week!

4 Match the arrangements and how they were organised.

- | | |
|--|---|
| 1. I'm flying to Spain for a holiday. | () I've got an appointment |
| 2. I'm playing basketball with my friend tomorrow. | () We've invited lots of people. |
| 3. I'm going to the doctor next week. | () I've got the plane tickets. |
| 4. We're having a barbecue at the weekend. | () We've bought the ingredients. |
| 5. We're watching the new Superman film tonight. | () Our teacher has booked a bus. |
| 6. My mum is helping me make a cake tomorrow. | () We agreed to meet at 16:00. |
| 7. My class is visiting a museum next week. | () We have tickets for the 19:30 show. |

- A factual statement is something that you can prove true or false.
Kuwait City is the capital of Kuwait. **(True)** It snows in Kuwait. **(False)**
- An opinion shows what someone thinks or feels.
Yellow is a nicer colour than blue.

5 Write the letter (F) when the sentence is fact, and (O) when it is opinion. Then, write one fact about each opinion and one opinion about each fact.

1. His house is really beautiful. ()
.....
2. That picture is by Picasso. ()
.....
3. That boy is the nicest person in the school. ()
.....
4. A polar bear is the funniest animal to watch. ()
.....
5. Oranges contain both calcium and vitamin C. ()
.....

8

Digital Communication

Module 3

1 a. Write words related to the meanings of the following words.

convey messages

exchange ideas

reaction positive

means transport

talented artist

b. Use the following words in meaningful sentences about you.

exchange:

means:

talented:

2 Complete the following sentences with words from the list.

gradually various skillful carve consequently access

1. The captain of the ship is so that he was able to avoid the iceberg.
2. People in some poor countries are unable to get to what they need.
3. Only professional artists are able to pictures on metals.
4. The weather is getting hotter these days.
5. Air consists of gases like Oxygen and Nitrogen.

3 Correct the verbs in the following sentences.

1. It **started** to rain after we **had gotten** to the station.
(start / get)



2. By the time we the party, all the guests
.....
(reach / leave)



3. Why didn't you go to bed after you supper?
.....
(have)



4. Your letter five minutes after he
(come/ leave)



5. I my aunt for the flowers she me.
(thank/ send).



6. Ali couldn't the door because he his keys.
(open/lose).



4 Complete the following sentences.

1. After I had woken up,
2. I had been in New York for six years before
3. By the time we arrived home,

5 Choose the correct answers to complete the following story.

One night in winter, I returned home at about 10 p.m feeling (both, although, however) tired and hungry. After I (had eaten, eat, eating) dinner, I (go, went, had gone) straight to my bed. Suddenly, in the middle of the night, I (hear, heard, had heard) a strange noise coming from the living room. (Although, So, When) I was sleepy and scared in the darkness, I summoned all my courage to go downstairs. When I (reach, reaches, reached) the living room, a cat jumped out the window. I started laughing to reassure myself. It was (more terrible, the most terrible, terrible) night I have ever had.



9

Storytelling and Communication

Module 3

1 Match the words with their definitions. There is one extra definition.

- | | |
|-----------|-----|
| 1. cruel | () |
| 2. engage | () |
| 3. wisdom | () |
| 4. outwit | () |

- a. the ability to make good judgments, usually based on experience.
- b. to destroy or badly damage something.
- c. extremely unkind, often causing pain to people or animals intentionally.
- d. to win by being cleverer, often by using a trick.
- e. to participate or become involved in.

2 Change the underlined words to the correct phrasal verb including "look".

Look out / look after / look for / look up

1. Parents **take care** of their children.

Parents



2. What are you **trying to find**?

What



3. I don't know the answer to this question. I must **search for it** in a book or an encyclopedia.

I must



4. **Be careful**. There is a car coming fast.

..... ! There's a car coming fast.



What are three things ...

you look after?	you look for?	you look up?
.....
.....
.....

3 Report the following requests.

1. "Don't do that again."

My brother asked me

2. "Read the Holy Qur'an."

The teacher

3. "Please, help me with my project."

My friend

Self - assessment

4 Ask your partner about the things his/her parents usually ask him/her to do, then report them.

1. My partner's mother usually asks him/her to do his/her homework.

2. My partner's father

3. My partner's parents

4.

5.

5 Things to remember: Prepositions

Add the correct prepositions, then complete the sentences.

of / at / on / under/ into/ through/ in

1. Ahmed dived the sea to

2. He put his new poster the wall so that

3. The train went the tunnel. That's why

4. When I called, she wasn't home, so

5. They stood a tree because

10

Discoveries and Inventions

Module 4

1 a. Write the correct word for each definition, then work out the hidden word.

1. To distribute over a great area
2. For the most part, mostly
3. The effect, result or outcome of something

1

E A D

$$\begin{array}{r} 13\ 7\ 8\ 25\ 5\ 17 \\ \hline \end{array}$$

2

A

$$\begin{array}{r} 15\ 5\ 26\ 9\ 1\ 14 \\ \hline 8\ 10\ 26\ 9\ 13 \end{array}$$

3

E Q E E

$$\begin{array}{r} 6\ 24\ 9\ 13\ 25\ 19\ 10\ 25\ 9\ 6\ 25 \\ \hline \end{array}$$

b. Use the four words in the puzzle in sentences of your own.

1.
2.
3.
4.

2 Complete the following dialogue between Sara and her sister Laila using (much/many/a few/a little).

Laila: We need to go shopping.

Sara: I don't think so, we've got everything we need for the cake.

Laila: We only have milk and flour, and we don't have sugar.

Sara: Oh, ok. What else do we need, do we have eggs?

Laila: Yes there are , but we need more.

Sara: What about butter and oil?

Laila: There is in the fridge.

Sara: Ok then, let's go shopping.

3 Choose the correct answer.

- Put sugar in your tea to avoid health problems.
a. much b. a little c. many d. a few
- You only made mistakes on your test.
a. a few b. a lot c. much d. a little
- I don't eat meat because I prefer vegetables.
a. few b. much c. a little d. many
- He has got interesting books in his library.
a. a little b. much c. many d. a lot

- A pronoun is a word that may take the place of one or more nouns.
- Reflexive pronouns include; **myself, yourself, himself, herself, ourselves, themselves, itself.**

4 Complete the following sentences by using reflexive pronouns.

- Nobody helped me to do the exercises.
I did all the exercises by myself.
- Nobody helped the little girl to comb her hair.
She
- Don't show him how to do the homework
Let him
- I didn't take my iPad to a technician.
I fixed
- You can't ask for help.
You must

5 In pairs, discuss the things you can do by yourself. Then write about what you and your partner can both do.

- I can make my bed myself.
- My partner can
- We can do
-
-
-

11

Intelligence and Creativity

Module 4

1 Fill in the spaces with words from the list, then complete the sentences.

dramatic original combine involve restrictions

1. Scientists predict a rise in global temperatures in the next 10 years. It's going to be
2. Our school has some on school uniforms. We should wear
3. When making important decisions, your parents because they can
4. It's difficult to oil and water, but it's easier to

2 Choose the correct answers to complete the following story.

John woke up last Sunday thinking it was going to be an (enjoyment– enjoy – enjoyable) day just like any other day. He had no idea it was going to be a day he'd never forget. First, he (missed – misses – miss) the bus. Next, he couldn't find his bicycle, so he had to go to school on foot. Suddenly, a stray dog followed him all the way to school. John was (fear – fearful – fearless). Luckily, the dog was not dangerous and only wanted to play. For John, it was a (memory – memorably – memorable) day.



3 Add the correct suffixes (-ed / -ment / -less / -full / -able), then complete the sentences.

1. Her work needs (improve) just give her
2. Never be (hope) always
3. Make sure your story is interesting and (suit) for your listeners to

Things to remember: First Conditional

The first conditional is used to talk about things which are possible in the present and the possible future consequences of those things.

If + present simple, will + infinitive

If we miss the meeting, the manager will be angry.

4 Look at the pictures below and complete the sentences.

1. If you save money, you will be able to buy what you need.
Otherwise, you will have to ask for a loan.



2. If you read more often,
Or else,



3. If you give to the poor,
Otherwise,



4. If
If not,



5 Rewrite the sentences using 'double comparatives'.

1. If you pay more attention in the class, you will get higher grades.
The more

2. If you write more in English, your grammar will be better.
The more

3. If Tareq goes to the gym more often,
The more often

6 Complete the following sentences with suitable answers using 'double comparatives'.

1. The more money I earn,

2. The more you know,

3. the more fuel the car uses.

4. the more friends you will have.

12

Explore and Present

Module 4

1 Choose the correct answer.

1. Palm trees are in Kuwait and they represent about 89 percent of the fruit trees in the country.
a. remote b. widespread c. advanced d. suitable
2. The teacher positively the student's response.
a. reinforced b. appeared c. snapped d. reused
3. Our solar system is only a small part of the
a. narration b. content c. motion d. universe
4. The artist wasn't satisfied with his drawing.
a. historically b. entirely c. correctly d. ahead

2 Choose the right terms and complete the sentences.

1. Everybody / Anybody searched the house for the missing book, but
2. I'm very happy that nothing /everything is going well for you and
3. Everybody / Nobody at all came to the match, however,
4. The police looked for evidence but found nothing / everything, so
5. Can nobody / anybody help me solve this problem? I need
6. I'm not going somewhere / anywhere because

- Use **somebody, something** and **somewhere** in positive sentences.
- Use **anybody, anything** and **anywhere** in negative sentences and questions.
- Use **everybody, everything** and **everywhere** to talk about all people, things or places.
- The **negative** forms are **nobody, nothing** and **nowhere**.
- Use a singular verb with these words.

The past of **need to** is **needed to**.

We need to buy a new laptop.

We needed to buy a laptop.

• The past of **Do you need to...?** is **Did you need to...?**

Do you need to search the web?

Did you need to search the web?

• The past of **don't need to** is **didn't need to**.

We don't need to do that exercise.

We didn't need to do that exercise.

3 Complete the sentences with an appropriate form of need to.

1. Noura *needed to exercise* (exercise) to lose weight.

2. A: you (wait) long?

B: No, only five minutes.

3. The teachers (work) very late on the day of the exam.

4. I (not get up) early this morning. It was a holiday.

5. Mr. Talal (not drive) to the beach because there was a bus.

Self - assessment

Things to remember: Relative Pronouns

• Use **which/that, who, where** and **when** to explain which noun you are talking about.

e.g.:

- The man works in the shop. He lives in Egypt.

The man **who** works in that shop lives in Egypt.

- We live in a small town. It has a lot of trees.

We live in a small town **where** there are a lot of trees.

4 Complete the sentences using relative pronouns/clauses:

1. I've lost the ring my mother gave me.
2. Do you know the man is standing outside?
3. They visited the place
4. They bought a magazine
5. Do you remember the time

5 Use relative clauses to describe a person, a place, and a thing.

e.g. The time *when* our relatives visited us was the best ever.

1.
2.
3.

6 Unscramble each of the clue words. Then, copy the letters in the numbered cells to other cells with the same number at the bottom to form a phrase.

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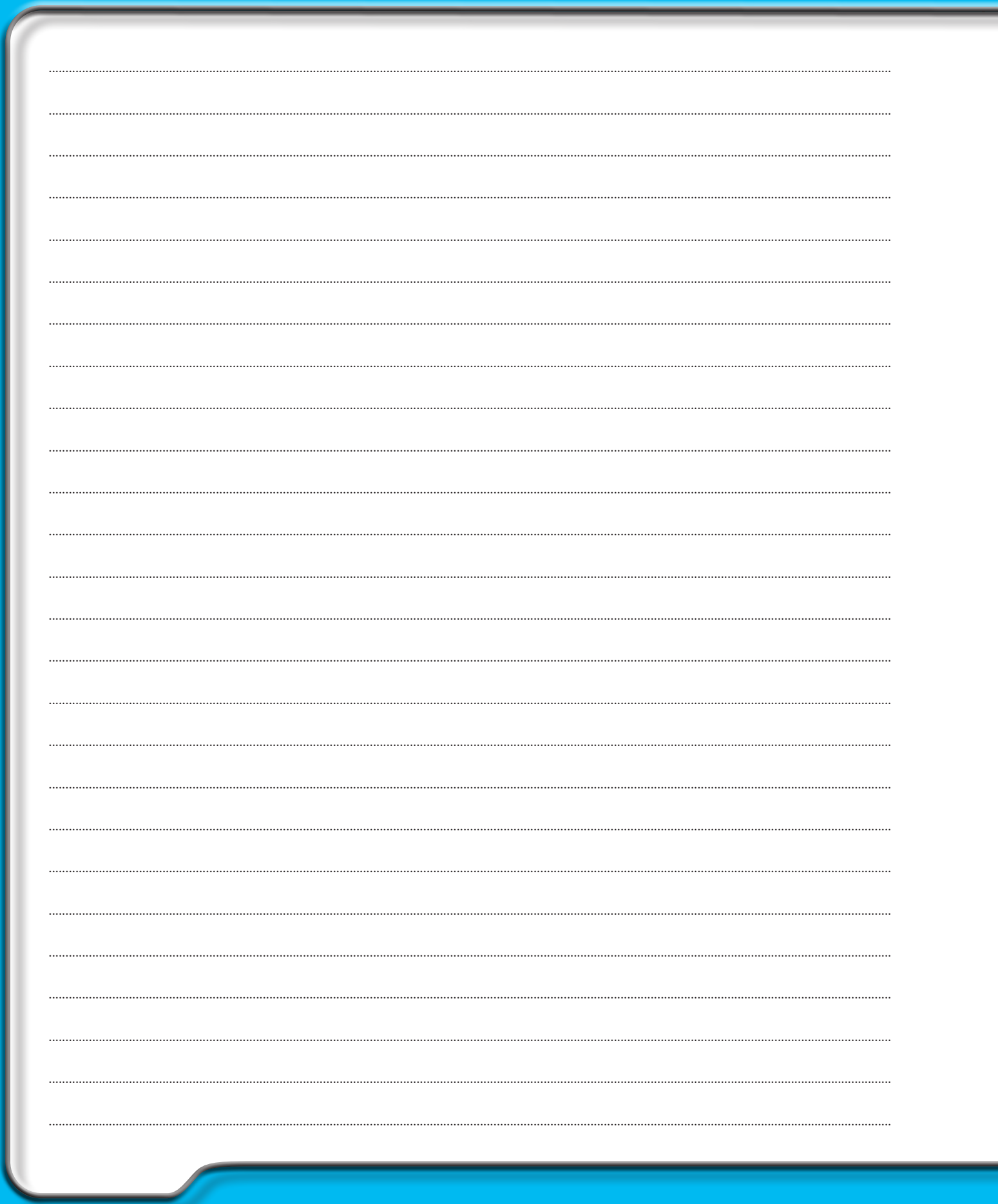
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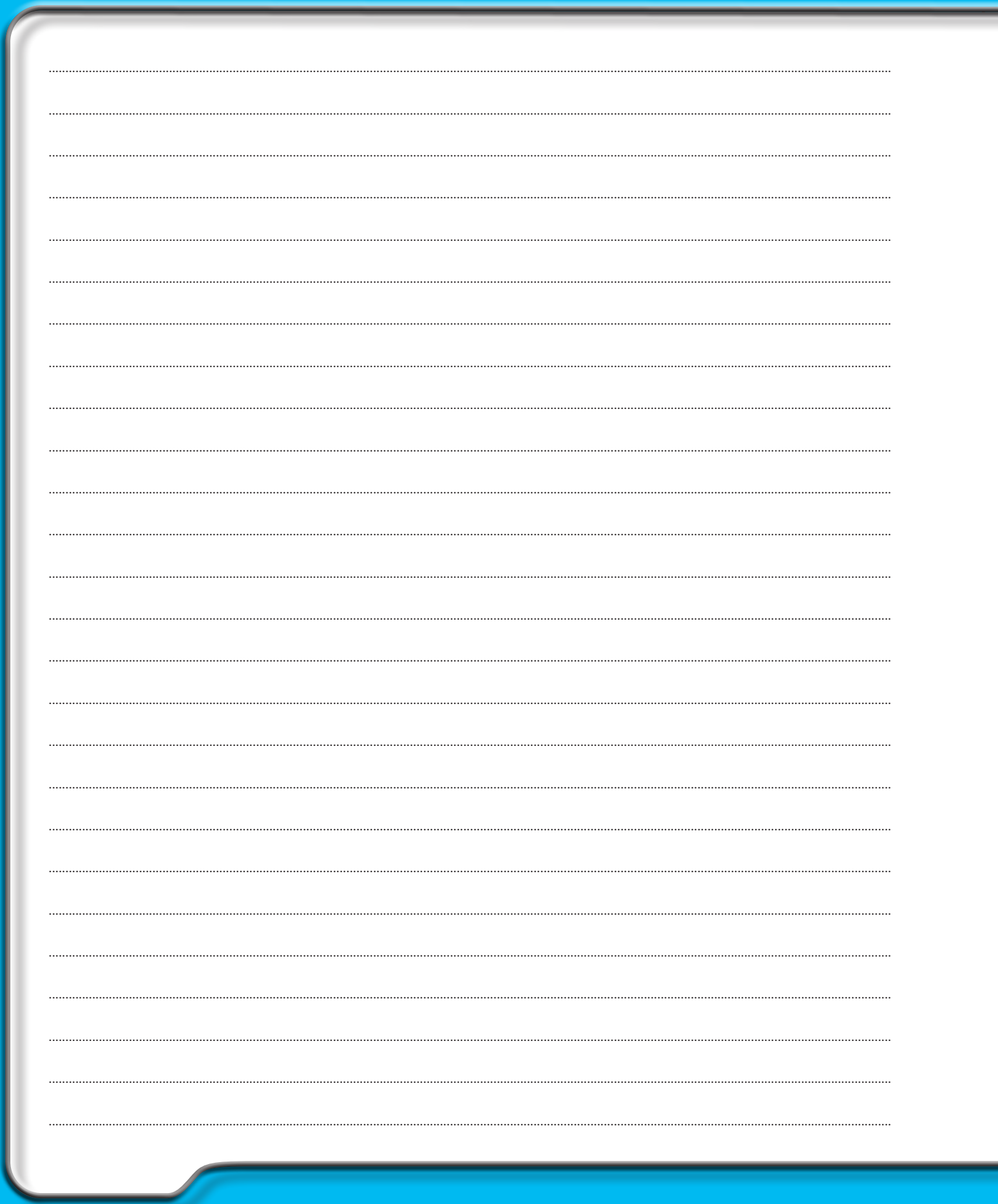
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Self-Assessment Answer key

Module 1: Life Experiences

Page (15)

1. I've been in this room for half an hour.
2. We *haven't had* any food for breakfast.
3. A: 'How long *have* you *been* here?'
B: '*I have been* here *for* two hours.'
4. Badria *hasn't spent* much money *since* last week.
5. Bader *has had* a headache *since* this morning.

Module 2: Our Amazing World

Page (21)

1. Mr. Adam wrote the homework on the board, didn't he?
2. Alia went with her friends to the cinema, didn't she?
3. Robert Pershing Wadlow was the tallest man that ever lived, wasn't he?
4. Fahad didn't know that the assignment is due tomorrow, did he?

Module 3: Keeping in Touch

Page (28)

1. My brother asked me not to do that again.
2. The teacher asked me to read the Holy Qur'an.
3. My friend asked me to help him/her with his/her project.

Module 4: Exploring Abilities

Page (34)

1. Noura *needed to exercise* to lose weight.
2. A: Did you *need to wait* long? B: No, only five minutes.
3. The teachers *needed to work* very late on the day of the exam.
4. I *didn't need to get up* early this morning. It was a holiday.
5. Mr. Talal *didn't need to drive* to the beach because there was a bus.